

*Now I lay me down to sleep*

*I pray the Lord  
my shape to keep.*

*Please no wrinkles.  
Please no bags.*

*Please lift my butt  
before it sags.*

*Please no age spots.  
Please no gray.*

*As for my belly,  
please take it away.*

*Keep me healthy.  
Keep me young.*

*Well anyway...  
Thank You Lord,  
for all you've done.*



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